

BBC

Adam & Joe

AN IDIOTHOLE'S GUIDE TO THE SHOW



About The Show

AN INTRODUCTION

The Adam and Joe Show is a BBC6 Music radio slot on Saturday morning that starts at an un-godly 9:00am and ends at a much more reasonable 12:00pm.

To date I must confess I have only ever once dragged myself out of bed to listen to the show. It was hard, but worth it if only for the communal idea of us all being...um...awake at the same time.

(Not sure if I could manage it again. My partner grumbled about my early morning homage the whole way through. "Adam & Joe! Stupid Adam and Joe! I'm going to call them and tell them they are ruining my life!" said with no small level of venom.)

The show is hosted by Adam Buxton, a comedian, actor and music buff & Joseph Murray Cornish a writer, occasional actor and movie fanatic.

Once upon a time they used to be on TV hosting their home-made pop-culture laden show on Channel 4 which for some reason Channel 4 ended after four seasons (what fools!). Luckily all the shows have been archived online and are free to watch at leisure. (Go to the [Useful Links](#) page for the web link.

The show features music broken up by listener interactive elements and a lot of chit-chat between the duo (who have known each other since they were in school) that you can giggle at while on the way to work, at work or even as suggested by A&J, on the loo.

This handy guide was created primarily out of complete boredom over the summer and a desire to organise the various elements of the show into one hopefully entertaining illustrated document.

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ABOUT THE SHOW



Song Wars

WHO IS THE WINNER AND WHO IS THE LOSER?
THE BATTLE OF THE SONGS

16 : 14





WHAT THEY WROTE, INNIT?

Joe Vs Adam
ROUND 1

European Supermarket

TALL (WIN)

Public Transport Song (WIN)

Meatball Song (WIN)

Song For Jack Mellor

Sincere Whistling Eco Song (WIN)

I.A.C.G.M.O.O.H (WIN) (I'm A Celebrity)

All Night Garage

The Shining

Bigfoot (WIN)

The Right and Wrong Song (WIN)

No More Song Wars

Jane's Brain (WIN)

4Ft Club

Public Transport Song

Meatball Song

James Rohan, Neanderthal Man (WIN)

Sincere Whistling Eco Song

I'm A Celebrity Get Me Out of Here

Christmas Country Party Time

The Hours (WIN)

Loch Ness Monster Song

Toothpaste Brush

--

WINNER
JOE = 7
ADAM = 3

Joe Vs Adam
ROUND 2

Phone Call

Cautionary Song about Illegal Downloading

The Actresses of France

This is Not a Song

Garth: I'm Still Standing (feat. Grandma Joan)

Itchy Bum

--

Glastonbury Song

Dr. Sexy (WIN)

Birthday Reply Song

Garth Jennings: Hay fever (WIN)

The Quantum of Solace

Beck

This Week in Grazia

Garth Jennings: My Credit Crunchy Song (WIN)

Garth Jennings: Thom in the Shower

Hello Mr. Ghost

Antiques Roadshow (WIN)

La La La Lumley (WIN)

Chris Salt: Merry Christmas Song (WIN)

Australia

Your Wife and Kids

Danny Wallace: The "Adam" Song (WIN)

Incredible Song

You Got a Call (WIN)

Piracy Song (WIN)

Penelope Cruz (WIN)

--

BaaadDad Rap (feat. Nigel Buxton) (WIN)

Bums and Binge Drinking (WIN)

Jackson Brown

Festival Song (WIN)

Dirty Robots

Happy Birthday Time (WIN)

Flu

The Quantum of Solace (WIN)

The Fall

Too Beautiful for a Cranky Old Bag Like Me (WIN)

Crunchier, Happier & The Crunch

It's Very Hard to Clear Radiohead (WIN)

Nutty Room (WIN)

Here is the News

Stephen Fry

Garth Jennings: Nativity Play

Australia Song (WIN)

Haughty Man

Richard Glover: The "Joe" Song

'80s Song (WIN)

WINNER
ADAM = 13
JOE = 7

SQUADrons

WHAT KIND OF LISTENER ARE YOU?

THE LISTENERS ARE SEGREGATED INTO VARIOUS CLASSES, MUCH LIKE THE ENGLISH DAYS OF YORE. NEW SECTS SPRING UP OFTEN. (BLOG SQUAD). THE FOLLOWING ARE THE THREE MAIN CATEGORIES, DEPENDING ON WHEN AND AT WHAT TIME YOU LISTEN TO THE SHOW...



Black Squadron

LISTENS TO THE LIVE SHOW

Devotedly wakes up at 9:00am to listen live. Adam & Joe issue silly "orders" which they follow obediently. (Also colloquially known as Brown-nose Squadron)



Slack Squadron

LISTENS LATER ON THE IPLAYER

Wakes up at a more reasonable hour and listens to the show on the BBC iPlayer.



The Pod Squad

LISTENS TO THE PODCAST

Doesn't wake up at all. Lazily waits for the edited, no-music, chit-chat only podcast to plop into their iTunes playlist at leisure.



the nation's favourite feature*

TEXT

the nation!

Text Text Text

Text the nation!

but what if I dont want to?

Text the nation!

but i'm using email

is that a problem?

It doesnt matter

TEXT

:)

Text the nation

THE NATIONS FAVORITE FEATURE*

TEXT 64046

adamandjoe.6music@bbc.co.uk

LISTENERS TEXT ADAM & JOE ON VARIOUS TOPICS PICKED BY THE DUO. GET IT? GOT IT? GOOD.

2007.08.20: [Not sure if there was any Text the nation]

2007.08.21: What are the stumps on the lego called?

2007.08.22: Alarm clock sounds you wake up to.

2007.08.23: Songs to wake up to.

2007.08.24: What will social networking will be like in the future? (Just abuse mostly)

2007.08.27: Is it a bank holiday in Scotland? & Reminisces of things that happened in 1997.

2007.08.28: What's the biggest argument you've ever had over the stupidest, smallest thing.

2007.08.29: Disappointing encounters with famous people.

2007.08.30: Times when you thought you were supercool, but in later realised you looked like an idiot.

2007.08.31: Party disasters you've had.

2007.10.27: Give stories about altercations with shop staff that got out of hand.

2007.11.03: Stupidest things you've ever done.

2007.11.10: Childhood misconceptions.

2007.11.17: What superhero powers would you choose?

2007.11.24: Ideas you think you had before anyone else.

2007.12.01: Ideas to revitalizing the horror industry.

2007.12.15: Little things that make life worth living.
i.e. The feeling of putting your clothes on after you've been swimming

2007.12.22: Stupidest lies you've ever told with the worst consequences.

2007.12.31: Made up code phrases from Bond / Bourne / Action type movies.
i.e. The eagle has landed, Release the asset.

2008.01.05: Stupid mangling of celebrity names.
i.e. Harrison ford = Harrison Bored; Josh Hartnett = Josh Hair-Net

THE NATIONS FAVORITE FEATURE*

2008.01.12: Adult stuff you saw too early which subsequently freaked you out.

2008.01.19: Suggestions for celebrity restaurants.
i.e. Brad Pitt's restaurant "A Bottomless Pitt" & wool shop called "Pitts Knits"

2008.01.26: Pop star trademarks i.e. A visual trademark a physical gimmick.
i.e. Bowie's multicoloured eyes; Amy Winehouse's beehive.

2008.02.02: Films that can be turned into TV series.

2008.02.09: Made up games or games you've played.
i.e. Rolling an After Eight from your forehead into your mouth

2008.02.23: Alternative twists endings for M. Knight Shyamalan a.k.a Shawadiwadi's movies.

2008.03.01: New way to present a car advert.
i.e. Joe's ingenious idea: Hamsters on a wheel in a cage but instead of hamsters its little cars

2008.03.08: Pet names or nick names for young children that you then evolve like Chinese whispers until the end name has no discernible relation to the first nick name.

2008.03.15: How would you revolutionise the ailing music industry?
i.e. Calling a phone line to hear a song played down it; music for your ring tones

2008.03.22: Made up Cop shows.

2008.03.29: Movie cliches that you've found yourself doing.
i.e. Waking up from a nightmare, sitting up and panting; Opening doors with safety pins.

2008.04.05: Self surgery stories.
i.e. Tying a string to your tooth and attaching it to a door handle

2008.04.12: Made up challenge documentaries.
i.e. A man wants to make a documentary based on spending 1000 pounds a day

2008.04.19: Pranks you've played on teachers.

2008.04.26: Stories of when you've humiliated yourself in front of a celebrity

2008.05.03: Make up a greeting card "day", like Valentines day and so on.
i.e. Series of cards that would appeal to the national youth: Hoodie Cards
"Sorry about the knife fight, I cut your face, laughed and watched you lay there and moan
But now I feel really bad so I've deleted it from my phone
I won't do it again... promise."

2008.05.10: Annoying things we should outlaw about summer
i.e. The smell of hot urine steaming up the pavement, smelly garbage

2008.05.17: Juvenilia: things you authored when you were a precocious child (STEPHEN!)

2008.06.07: Re-branding Popular Shopping Chains. i.e. Weight Watchers re branded as "Chubb-Off".

2008.06.21: Ideas for new bond Villains

2008.06.28: Live from Glastonbury. No text the nation

2008.07.05: Ideas for a new British sitcoms
i.e. The situation, setting, characters, Title, what makes it funny & who will watch it?

2008.08.02: Ideas for top selling slogan T-shirts

2008.08.09: Exciting ways to drinks vodka

2008.08.16: Depressing things about getting back from holiday

2008.08.23: Suggestions for song wars next week

2008.08.30: Your ideas for new adverts / magazines

2008.09.06: Ideas for new BBC3 shows that target the youth demographic

2008.09.13: Ideas for Guy Ritchie movies to help him

2008.12.13: Phone disasters; Times when you have gotten into trouble regarding phone calls

2008.09.20: Ideas for imaginary theme parks or perhaps real theme parks that were a bit off beat.

2008.09.27: Things that would make the world a better place

2008.10.04: Ideas to innovate the video game world

2008.10.11: Fashion nightmares particularly homemade fashion disasters

2008.10.18: Listeners send in questions for Roger Moore

2008.10.25: New collectable crazes for kids

2008.11.01: Movie titles for A&J to spin a film plot from. Based on the premise that all movies should be summed up in one line.

2008.11.08: Ideas for day-time TV programming

2008.11.15: Song titles that can be turned into films

2008.11.22: Inanimate objects in your life that have taken on a character of their own
i.e. Joe's orange wheelie suitcase which was called "Big Jaffa"

2008.11.29: Ideas for a social theory that you can create into a best-selling book.
i.e. Adam's book, "Grump" How to harness your bad mood to manipulate people.
Joe's book called "Lamp" How to hit people to get your way in life. It ends with prison.

2008.12.06: Crappiest Christmas Presents received or given

2008.12.13: Listeners Egg-corns: Misheard words or phrases

2008.12.20: Christmas Show. No text the nation.

2008.12.27: Childhood feuds and how destructive they can be.

2009.10.01: Re-brand existing objects in a way to make people buy them without changing the object.

2009.01.17: What DVD's have been sitting unwrapped on your shelf for the longest amount of time?

2009.01.17: Film re-makes. Specifically films that you wouldn't think could or would be remade

2009.01.24: Pre-record - No Text the Nation (I think)

2009.02.07: Sources of domestic irritation: Things that annoy you about your co-habitee

2009.02.14: Annoying things you deliberately do to your co-habitee.

2009.02.21: Public pretending: Things that you do in public to mask something you are really doing.

2009.03.07: Gig Etiquette Manifesto

2009.03.14: Jokes you've made up: Made up jokes with excruciating punch lines.

2009.03.21: Stories about when you've been 'audience-participated'

2009.03.28: Things you've done in the past to appear cool i.e. Affecting an American accent

2009.04.04: Awful experiences you've had at auditions or interviews.

2009.04.11: Pre-record for Easter. No Text the Nation

2009.04.18: Things you do to make mundane activities more exciting: Autotainment

2009.04.25: Minor injuries: Painful things you can do to yourself accidentally (nothing really serious)

2009.05.02: More Autotainment

2009.05.09: Autotainment Continues.

2009.05.16: New demographic groups for advertisers to target
i.e. Slash Slash kids: Models/Actors/DJ's who can't be pinned down to one profession.

2009.05.23: Illicit fun things you get up to when you're alone in the house.

2009.05.30: Disgusting personal habits

2009.06.06: Bad grammar in pop music that really winds your up.

2009.06.13: Getting inappropriately angry in certain situations.

2009.06.20: Tactics for dealing with mortifying social situations: Solutions or did you make it worse?

2009.08.29: Back from summer break: Holiday ailments

Stephenage

A BRIEF HISTORY OF...STEPHEN!

The origins of **Stephen!** began when a listener (Steve Curran) texted into the show on **2008.05.17** regarding his own "Juvenilia" - Things you wrote or made when you were a precocious child. Steve authored a action comic book that he inventively named "**Stephen!**".

An animated version of the clip from the show is available below that would explain the phenomenon much more succinctly than I could.

www.bbc.co.uk/blogs/adamandjoe/2009/06/test-1.shtml

In a nutshell if you happen to be a listener of the show and want to find out if anyone else is at a gig or in a crowd, you shout out "**STEPHEN!**" and if anyone else is in on the joke they have to yell back "**Just Coming**".

Thus there is a lovely feeling of strangers meeting together over a mutual love of Adam & Joe. Its all communal and lovey-dovey and one day there even might be a **Stephenage** wedding. Who can say?

Stephen-age Shout-Out Ettiquette

Never yell "Stephen" while a band is playing. It would be rude.

There might be other rules but I can't remember them.

Word on the street is that although the duo encourage Stephenage, Joe in particular responds very poorly to having his own catch-phrase shouted at him.

He prefers a gentle pat on the shoulder and a civil "Hello, I'm a fan of the show instead." and then a nice sit down and a cup of tea. Ah.

The Real Stephen Revealed at last!



Huzzah Huzzah! The villagers rejoice.

www.bbc.co.uk/blogs/adamandjoe/2009/08/the-real-stephen-unveiled.shtml

STEPHEN?

STEPHEN?!

Yes?

JUST COMING.

OH STEPHEN...

Things To Know

HOW TO TELL THEM APART

IT IS A WELL ESTABLISHED FACT THAT INITIAL LISTENERS OF THE ADAM & JOE SHOW CAN'T TELL THEM APART. (A VETERAN LISTENER OBVIOUSLY *SMUG SNORT* CAN). THIS HANDY BULLETED LIST OF DISCERNABLE DIFFERENCES OUGHT TO HELP ANY YOUNG PADAWAN OUT.

Adam has a deeper usually quite cheery voice. *Joe's* voice is a fraction higher with just the occasional hint of sarcasm and a tiny bit of cynicism.

Adam usually is the one talking about the weather in a deeply involved manner, while *Joe* is the one who usually tries to change the subject.

Adam tortures his vocal chords to see what voice he can get out. If you hear a funny voice it's probably *Adam*. *Joe* doesn't do as many funny voices but if you hear a West Country accent or a snorting "Thanks a lot Al Gore", it's probably *Joe*.

Adam can swing from cheery to enraged in one conversation. *Joe* keeps a steady voice throughout although he can sound bored and seems to delight in baiting Adam into a fit of rage.

Adam can occasionally get sidetracked from the point he's trying to make although to be fair he is usually sidetracked by *Joe*.

Adam seems quite gullible and susceptible to fibs. *Joe* sounds a tad more cynical. *Adam* seems to prefer things to be straight-forward. *Joe* tends to favour the surreal and oblique.

Contrarily Adam's Song war songs are completely out there and crazy. Positives: He thinks outside the box both in terms of exploration of the theme and song lyrics. Negatives: His music can get a tad mad.

Joe on the other hand tends to play it a little safe in terms of lyrics however his songs musically are less likely to make your ears bleed.

In terms of Song Wars *Adam* is the outsider, *Joe* the populist.



IN PART CONTRIBUTED BY CLAIRE IN NORFOLK WHO EMAILED THE SHOW WITH SOME OF THE ABOVE

HOW TO TELL THEM APART

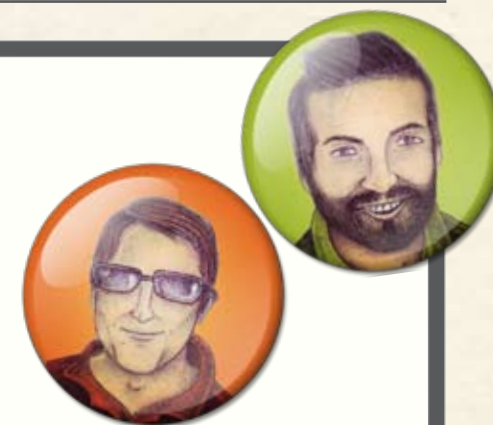
If someone is talking about movies, going to movies, watching movies or buying DVD's it's probably *Joe*. If someone is telling an anecdote that gets them enraged and sputtering it'll be *Adam*.

If someone is talking about Thom York from Radiohead or David Bowie it's probably *Adam*. If you hear someone talking about Rolf Harris or interviewing Dweezil Zappa in a mildly frightened way it'll be *Joe*.

If they remind you of a favorite uncle who tells you stories and brings gifts when they visit it's *Adam*. If they remind you of a cool older cousin who you desperately want to be liked by but who tuts and rolls his eyes at you, it's *Joe*.

If someone sounds cuddly and fluffy and mellow its most probably *Adam*. If someone seems be trying their best to burst *Adam's* cuddly, fluffy joy-balloon, it's definately *Joe*.

Scribble Pad



IN PART CONTRIBUTED BY CLAIRE IN NORFOLK WHO EMAILED THE SHOW WITH SOME OF THE ABOVE

Useful Links

HANDY LIST OF EVERY SINGLE ADAM & JOE LINK ON THE INTERNET* (I LIE. JUST A FEW.)

ADAM & JOE BBC6 MUSIC EMAIL

Email in at any time.

adamandjoe.6music@bbc.co.uk

ADAM & JOE TEXT THE NATION NUMBER

Warning for idiots: Only text while the show is live or your message will be lost into the ether.

64046

ADAM & JOE BBC6 MUSIC PODCAST

Subscribe, download or listen to the podcast of the most recent show.

www.bbc.co.uk/podcasts/series/adamandjoe

ADAM & JOE BBC6 MUSIC BLOG

A new caste has been created: Now known only as “Blog Squadron”.

www.bbc.co.uk/blogs/adamandjoe/

THE ADAM & JOE SHOW ON CHANNEL 40D

All episodes of all four series of their 1997 cult TV show to watch online.

www.channel4.com/programmes/the-adam-and-joe-show/episode-guide

SPEEDING ON THE NEEDLE BLISS

Listener forum with prompt uploads and archives of the latest shows

Edited, un-edited & podcast versions.

Edited, unedited & podcast versions:
www.community.livejournal.com/adam_and_joe

ADAM AND JOE FAN SITE

A fan site dedicated to the works of Adam Buxton and Joe Cornish.

Features a download archive of past shows.

www.adamandjoe.com/

RUBAPEDIA!

An online encyclopedia of all things Adam & Joe.

www.rubapedia.pbworks.com

JOE CORNISH'S MYSPACE PAGE

For all intents and purposes this site is dead and full of spam.

www.myspace.com/joecornish

ADAM BUXTON'S WEB SITE

Does not get frequently updated but isn't the gaping black hole that is Joe Cornish's MySpace page.

www.adam-buxton.co.uk/ad

ADAM BUXTON'S YOU TUBE CHANNEL

Videos obviously.

www.youtube.com/user/AdamBuxton



THE BIG BRITISH CASTLE

XX



Banned Naughty Words



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[so naughty that all you might see are asterisks]
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Anyone caught using naughty words at the Castle will be placed in the stocks. Be warned.



A SCRITCH PRODUCTION STUPIDITY

